



Food for Thought

Monthly Newsletter

May 2023: Summer Edition!

Pantry Location:

Newcomb Hall
First Floor, Room 144
Student Activities Center

Pantry Hours:

Monday-Thursday, Saturday:
7am-Midnight
Friday: 7am-9pm
Sunday: 8am-Midnight

Check Page 5 for Summer
Hours beginning May 22!

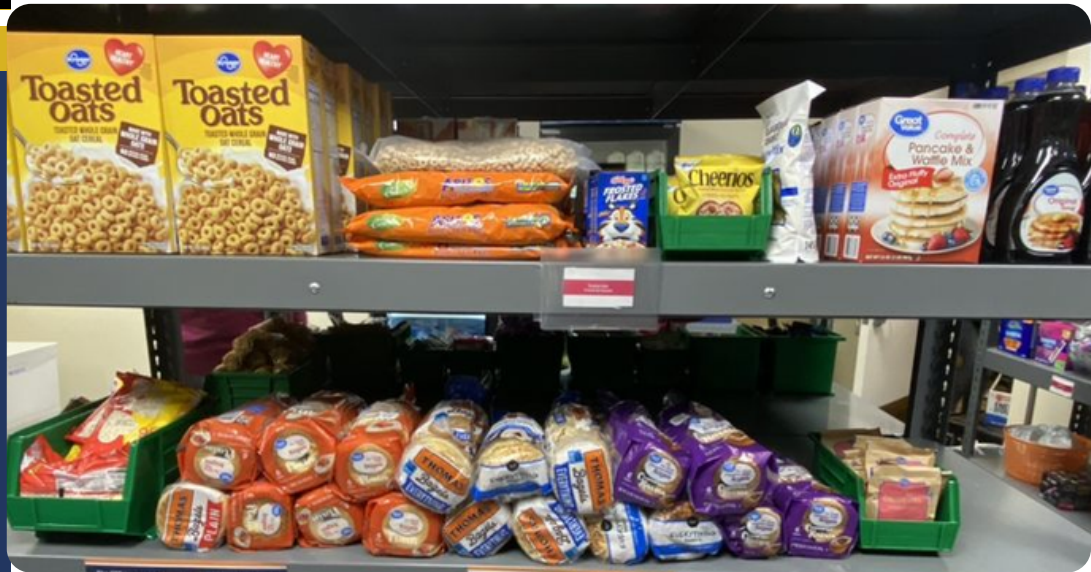
Contact Us:

For general questions or concerns,
please email pantryatuva@gmail.com

For additional support and
resources, please email
studentaffairs@virginia.edu

Let's Connect!

Click on the icons to be directed
to our social media pages



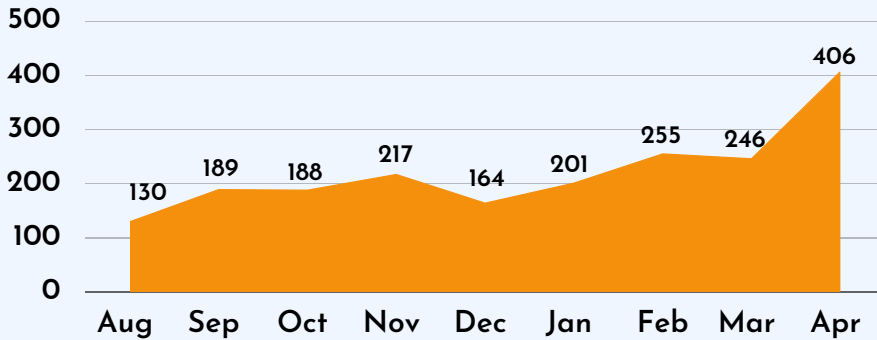
This Edition: Summer Resources

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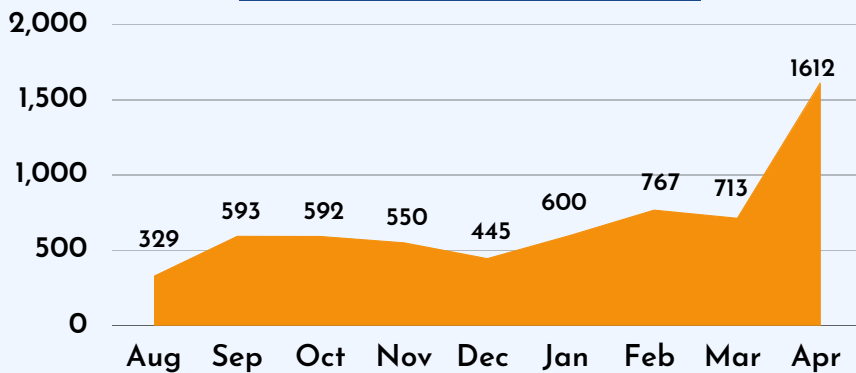
By the Numbers: CFP Impact & Trends

From the 22/23 academic year swipe access reports, we can see that the total number of visits to the CFP, as well as the total number of unique patrons, have increased by over 100% when compared to the last academic year.

TOTAL NUMBER OF VISITORS



TOTAL NUMBER OF VISITS



5,793
Visits

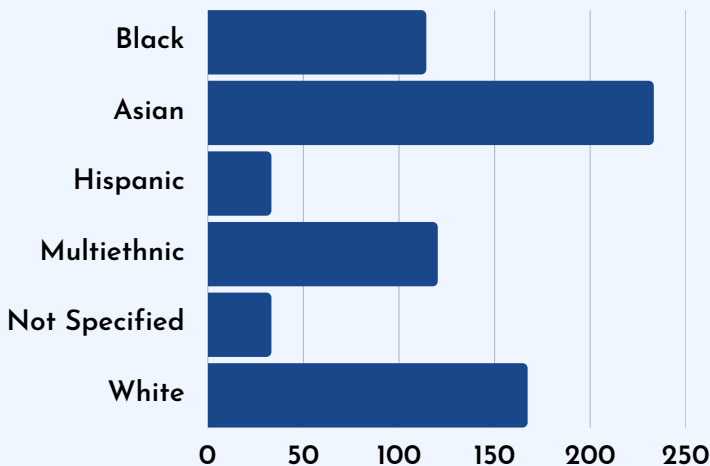


782
Unique Visitors

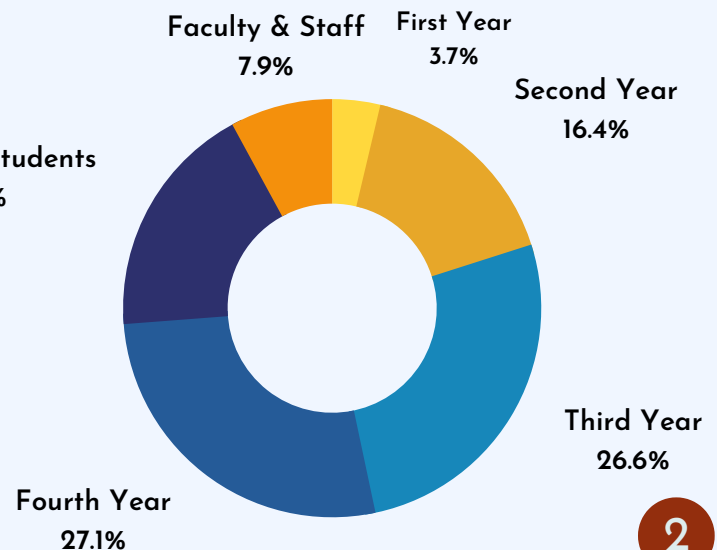
Aug 2021 - Apr 2022:
Total Visits: 2,315
Total Unique Visitors: 374

STUDENT ETHNICITY

■ Number of Visits



VISITS BY ACADEMIC YEAR





Stock the Pantry

Meal Swipe Donation Event



On April 27th, UVA Dine and the Community Food Pantry partnered for the [Stock the Pantry Event](#), an opportunity for students to donate extra meal swipes to directly benefit the CFP.

UVA Dine will **donate a pound of food for every meal swipe donated** by students, and over the course of the day, the UVA community donated approximately 1,160 meal swipes -

That is 1,160 of pounds of food!

The CFP would like to extend a huge thank you to all who donated and to UVA Dine for making this event possible!

Get Involved: Giving Time, Funds, or Much Needed Items!

BECOME A VOLUNTEER!

Thank you so much for your interest in volunteering with the CFP! We have two primary ways of getting involved: **restock days** and **back stock days**. **Restock days** include a two hour shift, where the shift leader picks up a large order at Walmart/Blue Ridge Area Food Bank/Costco, and a team of volunteers (potentially including you!) stocks that food into the pantry! This past year, restocks occurred on Mondays and Fridays.

The other way to get involved is **back stock days** - these are independent shifts. In this setting, you will meet with one of our operations directors and coordinate a day and time of the week you are available to volunteer. On this day, you will access our back stock room, and spend one hour restocking the main pantry from this room and neaten the pantry as food items may have shifted from day to day. These shifts are crucial for pantry maintenance throughout the week.

If you would like to volunteer, learn more, or share your ideas, please reach out to [Eleanor Steiner](#). We look forward to hearing from you!

DONATING TO THE CFP

The UVA Community Food Pantry is endlessly grateful for community support that goes directly towards stocking and managing the pantry. [Click here to donate monetarily](#) to the pantry through a secure platform!

You can also purchase the most in-demand food and hygiene items through our [Amazon Wishlist](#)! These orders are sent directly to the CFP. Your generous support helps us keep this essential resource well stocked.

If you have any questions or wish to connect on other ways to support our efforts, please reach out to studentaffairs@virginia.edu.



Newcomb Hours for CFP Access

May 15 - May 19: 7AM - 12AM

May 20: 6AM - 6PM

May 21: 6AM - 5PM

Summer: 9AM-5PM*

Finals Period



*Dates Include: May 22 - June 28

*May 27-29: Closed for Memorial Day

Need more flexible hours? Please visit the **Blue Ridge Area Food Bank's [Food Finder](#)** website to search for free groceries or meals near you!



Spotlight on Garreth Bartholomew



Garreth Bartholomew joined the CFP Team as our second Graduate Assistant at the beginning of April 2023. Garreth is a rising 2nd Year Accelerated MPP student at the Batten School of Leadership and Public Policy where he focuses on Food Security Policy and the impact of the SNAP & WIC Programs on educational attainment. As an accelerated Masters student, Garreth graduates UVA Undergrad this May with his BA/BS in Politics and Environmental Science.

During his years as an undergraduate, he has worked with student and faculty organizations dedicated to providing basic needs to UVA Students and the Charlottesville Community including Remote Area Medical @ UVA, the Community Food Pantry, Sustainable Food Collaborative and Food Assist, where he is the current President.

You can find Garreth in his office in the Student Activities Center-- please feel free to stop by to say hello or to ask any questions you may have about the pantry. We are so incredibly fortunate to have Garreth as a part of our team!

Community Resources

COMMUNITY RESOURCE HELPLINE – THE UNITED WAY OF CHARLOTTESVILLE

The Community Resource Helpline is a partnership between the United Way of Greater Charlottesville, the County of Albemarle, and the City of Charlottesville. The Community Resource Hotline number is: 833-524-2904 and is available 9-5, Monday-Friday. The Spanish line number is 434-373-0930.

SOCIAL SERVICES

Virginia Dept of Social Services: Apply for Medicaid, SNAP, TANF, and other benefits.

- 1-855-635-4370 to apply for benefits
- 1-855-242-8282 to apply for Medicaid

For other needs, call 970-3400 (Charlottesville) or 972-4010 (Albemarle). Offices are open to the public.

CLOTHING (BE SURE TO CALL AHEAD FOR HOURS)

- Salvation Army Thrift Store: 604 Cherry Ave, Charlottesville, VA
- CVBA Clothing Center: 815 Boiling Ave, Charlottesville, VA
- Twice is Nice Thrift Store: 923 Preston Ave, Charlottesville, VA
- Green Olive Tree: 5370 Three Notched Rd, Crozet, VA
- Church of the Brethren Clothing Closet: 1225 Rio Rd E, Charlottesville, VA
- Hinton Ave Methodist Clothing Closet: 750 Hinton Ave, Charlottesville, VA

EMERGENCY FOOD

- Emergency Food Network (EFN): The EFN provides food to persons in need once a month. Food assistance is for Charlottesville/Albemarle residents only.
 - Phone: 434-979-9180
 - Address: 900 Harris St, Charlottesville, VA
- Loaves and Fishes Food Pantry: Assistance is awarded twice per calendar month.
 - Phone: 434-996-7868
 - Address: 2050 Lambs Road, Charlottesville
- Louisa Community Cupboard: Provides a two week supply of groceries to families facing emergency needs for food.
 - Phone: 540-967-1510
 - Address: 147 Resource Lane, Louisa, VA
- B.F. Yancey Community Center Pantry: The food pantry regularly distributes food twice a month.
 - Address: 7625 Porters Rd, Esmont, VA

Shop with SNAP & Fresh Match It!



Visit the Market at IX Art Park on Saturdays to match your SNAP benefits up to \$50 per market!

**For use on fresh vegetables & fruits only.



IX Art Park - 522 2nd St. SE
Charlottesville, VA



SCAN TO LEARN MORE



This program is supported by the USDA Gus Schumacher Nutrition Incentive Program



The Teaching Kitchen

Individual Classes:

Each class features step by step guidance in preparing a delicious, cost-effective, nutritious, easy-to-make meal and finishes with eating together. This is the class for you if you would like to cook with new people, learn a new recipe, and/or work on your general cooking skills and food knowledge.

If finances are a concern, the Food Security Fund allows ALL to participate, regardless of ability to pay.

Those who are able are requested to pay a \$6 registration fee to cover the cost of food and supplies. This fee is non-refundable and can be paid during the registration process.

Questions? Email: HoosCooking@virginia.edu

When:

Classes are held on Thursday evenings from 5 - 6:30 p.m. and feature a new menu every week.

How to Sign Up:

Click on a class within the ***Class Calendar***

This page will have the sign-up links and menu descriptions, which include information about dietary features and allergens.



Thank you for reading this
month's edition of

Food for Thought



bit.ly/uvapantrysurvey

*We want to
hear from you!*

Please complete our anonymous
Google Form to share what items you
would like to see more of in the
Community Food Pantry!

Topics to Look Forward to in Future Editions:

Applying for SNAP Benefits
Connecting with Student Safety and Support
Mental Health Resources

Have a topic you'd like us to cover in the next Food for Thought?
Email studentaffairs@virginia.edu or pantryatuva@gmail.com

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